

The background features a series of flowing, overlapping waves in shades of light blue, teal, and green, creating a sense of movement and depth. The waves are layered, with some appearing more prominent than others, and they flow from the left side towards the right.


The Art of Relating

Embodiment & Transcendence
with Susanne Ahlendorf and Axel Perinchery

Intensive Group 2020 - Transparent Communication for advanced practitioners




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This course is primarily designed for advanced students or people who already have a meditation practice and are experienced in Transparent Communication according to Thomas Hübl®.

As a continuation and further development of the past yearly intensive trainings we have dared a new step in 2019. We have rearranged locations, structure and topics and have created a group for advanced practitioners.



The depth, intimacy and effectiveness that we were able to experience together in this training have made a lasting impression on us.

In the Intensive Training 2020 we will also devote ourselves to two movements. On the one hand the **principle of embodiment** and on the other hand the **principle of transcendence**. With the **aspect of embodiment**, we focus our attention on the deeply human, that, which makes us human in the first place.

Here are the aspects that are important to us:

- **Body and Emotion**
- **Love and Compassion**
- **Clarity and Will**
- **Sensuality and Sexuality**
- **Realization and Manifestation of Impulses und Ideas**

starting 27.02.2020

With the **principle of transcendence** we move into the unnameable, that which lies beyond our world of experience or exceeds our previous world of experience. We will work with more subtle frequencies such as **Light, Energy and Movement**, as well as with **Space** and **Stillness**, with **Not-Knowing** and **Eternity**.

We want to create a bridge from the transcendental to the deeply human realm, for instance via the relationship with my partner, my family, people in my neighborhood or my political, social and creative expression in the world. Bringing forth a culture of relating that is anchored in orientation towards the Higher also includes responsibility carried by relatedness.

As a group, we will be able to really get close to our longing for intimacy with life, as well as to find concrete answers for realizing our potential.

We will continue our use of integral maps, for instance Spiral Dynamics, as they provide a wonderful orientation aid for our development of consciousness and carry the potential of rich experience for all participants.

This course will be held in German with English simultaneous translation.



MODULE 1 - Embodiment of *Relatedness*

Deepening Transparent Communication

Feb. 27 - March 1, 2020, Thu. 5pm until Sun. 2pm

at Seminarhaus Stiersbach (Oberrot)

www.seminarhaus-stiersbach.de

MODULE 2 - Embodiment of *Stillness*

Deepening the connection to God

May 14 - 17, 2020, Thu. 5pm until Sun. 2pm

at Seminarhaus Sophia (Drethem)

www.das-ausbreiten-der-fluegel.de

MODULE 3 - Embodiment of Being in *Service*

Practicing social and cultural participation

June 25 - 28, .2020, Thu. 5pm until Sun. 2pm

at Zukunftswerkstatt Schloss Tempelhof (Kreßberg)

www.schloss-tempelhof.de

MODULE 4 - Embodiment of *Eros*

Exploring and integrating polarity/sensuality/sexuality

Sept. 17 - 20, 2020, Thu. 5pm until Sun. 2pm

at Seminarhaus Stiersbach (Oberrot)

www.seminarhaus-stiersbach.de



Room and Board

MODULE 1 und 4: will take place at the seminar house Stiersbach.

Here we have the opportunity to make use of the beautiful nature around the seminar house for our work. We very much appreciate the generosity of the host. The place has very special power places. Please register individually and without delay with the seminar house via this link: www.seminarhaus-stiersbach.de, info@stiersbach.de, Tel. 07977-8696

The seminar house offers single, double and shared rooms, with prices ranging between 58 € and 90 €. Payment must be made on site, cash only. Full vegetarian board is included. The seminar house cancellation policy applies.

MODULE 2: will take place at the seminar house Sophia.

We appreciate the original nature around the Elbe and the silence of the place. The seminar house team is familiar to us through their shared spiritual practice.

Please register individually and without delay with the seminar house via this link:



volker-griess@gmx.de, Tel: +49 (0)5862 – 941 1374,
www.das-ausbreiten-der-fluegel.de.

The seminar house offers single, double and shared rooms, with prices ranging between 58 € and 78 €. Please bring bed linen and/or towels (or rent for 6 € p.p.). Payment must be made on site, cash only. Full vegetarian board is included. The seminar house cancellation policy applies.

MODULE 3: will take place at Zukunftswerkstatt Schloss Tempelhof.

For us, it is an inspiring place where creative and social participation has manifested itself. We value the openness of the people in the community and their willingness to share.

Please register individually and without delay with Schloss Tempelhof via this link:

www.schloss-tempelhof.de, Tel. +49 (0)7957-9239-030

The seminar house offers single, double and shared rooms, with prices ranging between 55 € and 75 €. Payment must be made on site, cash only. Full vegetarian board is included. The seminar house cancellation policy applies.

Information und Registration

Please send your informal application to:

welcome@art-of-relating.eu, we will then send you all further documents and invite you to a personal meeting.

Should you have questions about registration, payment or other logistical topics, please contact our organizer Annette Reiche at:

welcome@art-of-relating.eu

For questions about content, please turn to Susanne Ahlendorf and Axel Perinchery at:

Susanne Ahlendorf s.ahlendorf@art-of-relating.eu or

Axel Perinchery a.perinchery@art-of-relating.eu

We are looking forward to seeing you!



Registration Form

I am registering bindingly for the intensive group “The Art of Relating - Transparent Communication 2020 for Advanced Practitioners” with Susanne Ahlendorf and Axel Perinchery. *(please fill in the interactive registration form with Acrobat Reader, save it under your name and send it to Annette Reiche at welcome@art-of-relating.eu)*

Family Name

First Name

Street Address

City, ZIP code

Phone (landline)

Mobile

Email

Date



Conditions for Participation

With the payment of the seminar fees, the registration for the seminar is binding. We will charge a 100 € cancellation fee up to 8 weeks prior to the event, and notice of cancellation has to be given in writing. Cancellation fees between 8 weeks prior and up to the event are 50% of the full seminar fee. If you fail to attend the seminar or leave the event early, we still charge the full fee.

This intensive group can only be booked in its entirety (all four modules).

Registration is open until Feb. 13, 2020.

The maximum number of participants is 25 + 3.

Fees

Early-bird discount

through Nov. 15, 2019: 1750 € (room and board not included)

Nov. 16, 2019 and after: 1990 € (room and board not included)

Bank connection:

GLS Bank, Axel Perinchery

IBAN DE39430609672004356900

BIC GENODEM1GLS

Upon payment of the seminar fees, you will receive a confirmation of registration and a liability waiver form. Once we receive the completed and signed form, we will re-confirm your registration.

The costs for overnight stay/ board depend on the type of room (single/double/shared rooms) and are ranging between 55 € und 90 € per day, full vegetarian board is included.



Axel Perinchery

is trainer for Transparent Communication according to Thomas Hübl®, Intercultural communication and integral consciousness development.

Axel is active in his own psychotherapeutic practice, works internationally as a life coach and educates at the Academy of Inner Science Practice Group Leaders in Transparent Communication. As an assistant he learns and accompanies the work of Thomas Hübl.

Axel would like to contribute to the next step of consciousness which is waiting for us as individuals and as a society to venture into unknown territory. He describes himself as a “sacred activist”, because he wants to combine divine connectedness with civic and political commitment. The movement “Citizen is Present”, which he initiated, is an expression of this.

Contact Axel:

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www.axel-perinchery.eu
fon +49 (0)176 61 500 778



Susanne Ahlendorf

has her own psychotherapeutic practice in Frankfurt am Main. She has been leading groups since 1998 on topics such as stress management, integral personality and consciousness development, Meditation and contemplation.

Susanne is a Trainer for Transparent Communication according to Thomas Hübl® and educates at the Academy of Inner Science Practice Group Leaders. She is also available as a trainer in the educational context and the research group Mysticism & Healing.

She assisted the Timeless Wisdom Training 1, 2 and 4 and has been in the training of the assistance group by Thomas Hübl since 2007.

Susanne would like to remember with her work on the deepest values in our human hearts and at the same time giving impulses for cultural implementation and transformation.

Contact Susanne:

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